

## APPLICATION NOTE **#3**GUIDE NUMBER

How to know if an illumination device will be able to illuminate the scene you want to capture?

When an illuminator is used to illuminate a scene for image capture, the amount of light reaching the scene depends on multiple factors including:

- the intensity of the beam of light coming out of the illuminator: the more intense, the farther reaching,
- the distance from the illuminator to the scene.

Thus, it is important to quantify the beam intensity.

For continuous light, with a video camera, the **lux** value is important to figure out if a scene is correctly illuminated to expose an image. With a still camera, this translates into an **Exposure Value**.



## **EQUIVALENT FOR A FLASH: VALUES ARE INTEGRATED OVER TIME**

lumen x second (lm.s)

candela (cd) x second (cd.s)

lux x second (lx.s)

Why integrate over time?

Usually, a flash develops over time with a varying intensity. Thus, on the contrary to continuous light, the peak intensity is no more a relevant value to quantify the emitted light. The total amount of light is best represented by the integration of the intensity over time.



## How to quantify the light emitted by a flash?

For a flash, the photometric values are strictly correct, but unpractical.

The Guide Number expresses how much light is seen by the camera on the target.



The table below gives examples of working conditions (distance, and aperture) for a correct illumination with a flash unit featuring a Guide Number of 50 (at ISO 100, in meters):

GN = 50	DISTANCE	DISTANCE	DISTANCE
Aperture	AT ISO 100	AT ISO 200 (*)	AT ISO 400 (*)
f/1	50 m	70,8 m	100 m
f/2	25 m	35,25 m	50 m
f/2.8	17,8 m	25,2 m	35,7 m
f/4	12,5 m	17,6 m	25 m
f/5.6	8,9 m	12,6 m	17,8 m

(\*): a factor 2 in camera sensitivity leads to a factor V2 in operating distance, all other things being equal. This increase in distance is expressed by the "inverse square law": see the dedicated application note.

Why Guide Number is more relevant than Joule?

Joule (or Watt.second) is the expression of an electrical energy and describes what happens inside the flash unit from the electrical perspective. It does not say anything about light.

Guide Number expresses the amount of light actually reaching the scene. This is the real performance of the flash illuminator.

Consider a flash device as a supply chain where Joule is at the beginning, and Guide Number at the end. There are many factors in-between, reducing the energy level at each step.

